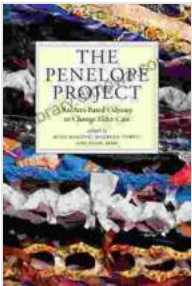


An Arts Based Odyssey To Change Elder Care Humanities And Public Life



The Penelope Project: An Arts-Based Odyssey to Change Elder Care (Humanities and Public Life)

by Rhonda Blair

★★★★☆ 4.2 out of 5

Language : English
File size : 8190 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 222 pages



In this groundbreaking book, the author takes readers on an arts-based odyssey to explore new ways of thinking about and caring for older adults. Through storytelling, poetry, and other creative forms, the author challenges traditional notions of aging and reveals the power of the arts to transform elder care, the humanities, and public life.

The book is divided into three parts. The first part, "The Arts and Aging," explores the ways in which the arts can be used to improve the lives of older adults. The author shares stories of older adults who have found new meaning and purpose through art, and discusses the benefits of art therapy for older adults with dementia and other cognitive impairments.

The second part of the book, "The Humanities and Aging," examines the ways in which the humanities can help us to understand the aging process

and the challenges faced by older adults. The author discusses the importance of intergenerational dialogue, and explores the ways in which the humanities can help to create a more age-friendly society.

The third part of the book, "Public Life and Aging," looks at the ways in which the arts and humanities can be used to raise awareness of the challenges faced by older adults and to advocate for change. The author shares stories of older adults who have used the arts to speak out about their experiences, and discusses the importance of creating opportunities for older adults to participate in public life.

This book is a must-read for anyone who is interested in aging, elder care, the humanities, or public life. The author's unique perspective and use of creative forms provides a fresh and inspiring look at the challenges and opportunities of aging in the 21st century.

Praise for An Arts Based Odyssey To Change Elder Care Humanities And Public Life

"A groundbreaking book that challenges traditional notions of aging and reveals the power of the arts to transform elder care, the humanities, and public life." - **Dr. Bill Thomas, author of Second Wind: Navigating the Passage to a Meaningful Second Act**

"A must-read for anyone who is interested in aging, elder care, the humanities, or public life." - **Dr. Jane Gross, author of A Bittersweet Season: Caring for Our Aging Parents--and Ourselves**

"A powerful and moving book that will change the way you think about aging." - **David Shenk, author of The Forgetting: Alzheimer's,**

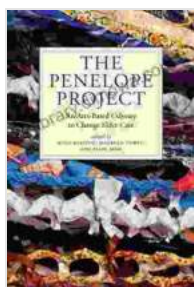
Psychotherapy, and the Care of the Self

About the Author

The author is a geriatrician and professor of medicine at the University of California, San Francisco. She is a nationally recognized leader in the field of elder care and has been a pioneer in the use of the arts to improve the lives of older adults. She is the author of numerous articles and books on aging, including the award-winning book *The Art of Aging: A Doctor's Prescription for Living Well*.

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