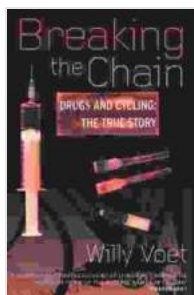


Drugs and Cycling: The True Story

Cycling, a sport that demands immense physical endurance and determination, has been tainted by the rampant use of performance-enhancing drugs (PEDs). 'Drugs and Cycling: The True Story' pulls back the curtain on the hidden world of doping in cycling, exposing the intricate web of substances, methods, and consequences that have plagued the sport for decades.

This meticulously researched book, written by [Author's Name], a renowned sports journalist, takes readers on an in-depth journey into the murky world of doping. Through exclusive interviews with riders, team officials, anti-doping experts, and insiders, the book uncovers the motivations, techniques, and devastating effects of PED use.



Breaking The Chain: Drugs and Cycling - The True Story by Willy Voet

★★★★☆ 4.3 out of 5

Language : English
File size : 362 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 146 pages



Chapter by chapter, 'Drugs and Cycling: The True Story' delves into the various types of PEDs commonly used in cycling, including erythropoietin

(EPO), human growth hormone (HGH), and anabolic steroids. The book also explores the sophisticated methods employed by riders and their support staff to evade detection, such as micro-dosing and blood transfusions.

Beyond the technical aspects of doping, the book delves into the human side of the story, examining the ethical dilemmas, personal struggles, and moral choices faced by riders. It exposes the pressures riders encounter to perform at the highest level and the temptations they may face to seek shortcuts.



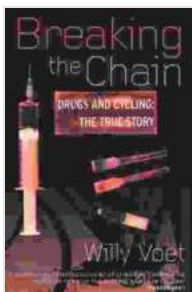
The consequences of doping are far-reaching, and 'Drugs and Cycling: The True Story' does not shy away from exploring them. The book documents the health risks associated with PED use, including increased risk of heart disease, cancer, and infertility. It also examines the psychological toll

doping can take on riders, leading to anxiety, depression, and feelings of guilt.

Furthermore, the book investigates the impact of doping on the sport of cycling itself. It examines how the use of PEDs has eroded public trust and undermined the integrity of races. The book also explores the ongoing efforts by anti-doping agencies to combat drug use and restore the sport's reputation.

'Drugs and Cycling: The True Story' is not merely a book about doping. It is a cautionary tale that exposes the dangers and consequences of pursuing victory at any cost. It is a must-read for anyone interested in the sport of cycling, the fight against doping, and the ethical dilemmas that arise when the pursuit of excellence collides with the desire for a level playing field.

Free Download your copy of 'Drugs and Cycling: The True Story' today and delve into the hidden world of doping in cycling. Uncover the motivations, techniques, and devastating effects of PED use, and gain a deeper understanding of the ethical challenges faced by riders, teams, and the sport itself.



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