

Eight Simple Concepts to Improve Your Team Shooting: Building Winning Basketball

Shooting is one of the most important aspects of basketball. It's how teams score points and win games. But shooting isn't always easy. There are a lot of factors that can affect a player's shot, from their form to their confidence.



Eight Simple Concepts to Improve Your Team's Shooting (Building a Winning Basketball Program Series Book 7) by Kevin Sivils

★★★★☆ 4.9 out of 5

Language	: English
File size	: 950 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 42 pages
Lending	: Enabled



That's where **Eight Simple Concepts to Improve Your Team Shooting** comes in. This book provides eight simple concepts that can help players of all levels improve their shooting.

The Eight Simple Concepts

1. **Balance**
2. **Alignment**

3. **Rhythm**
4. **Follow-through**
5. **Confidence**
6. **Repetition**
7. **Visualization**
8. **Competition**

These eight concepts are essential for any player who wants to improve their shooting. They provide a framework for understanding the fundamentals of shooting and how to apply them to your own game.

How to Use This Book

This book is designed to be a practical guide for players of all levels. It can be used by individual players, coaches, or teams. The book is divided into eight chapters, each of which covers one of the eight simple concepts.

Each chapter includes:

- A clear explanation of the concept
- Drills and exercises to help you apply the concept to your game
- Tips and advice from top shooting coaches

The book also includes a section on how to create a personalized shooting program. This program will help you track your progress and make sure that you are getting the most out of your shooting practice.

Benefits of Improving Your Team Shooting

There are many benefits to improving your team shooting. Some of the benefits include:

- You will score more points
- You will win more games
- You will improve your team's morale
- You will make yourself a more valuable player

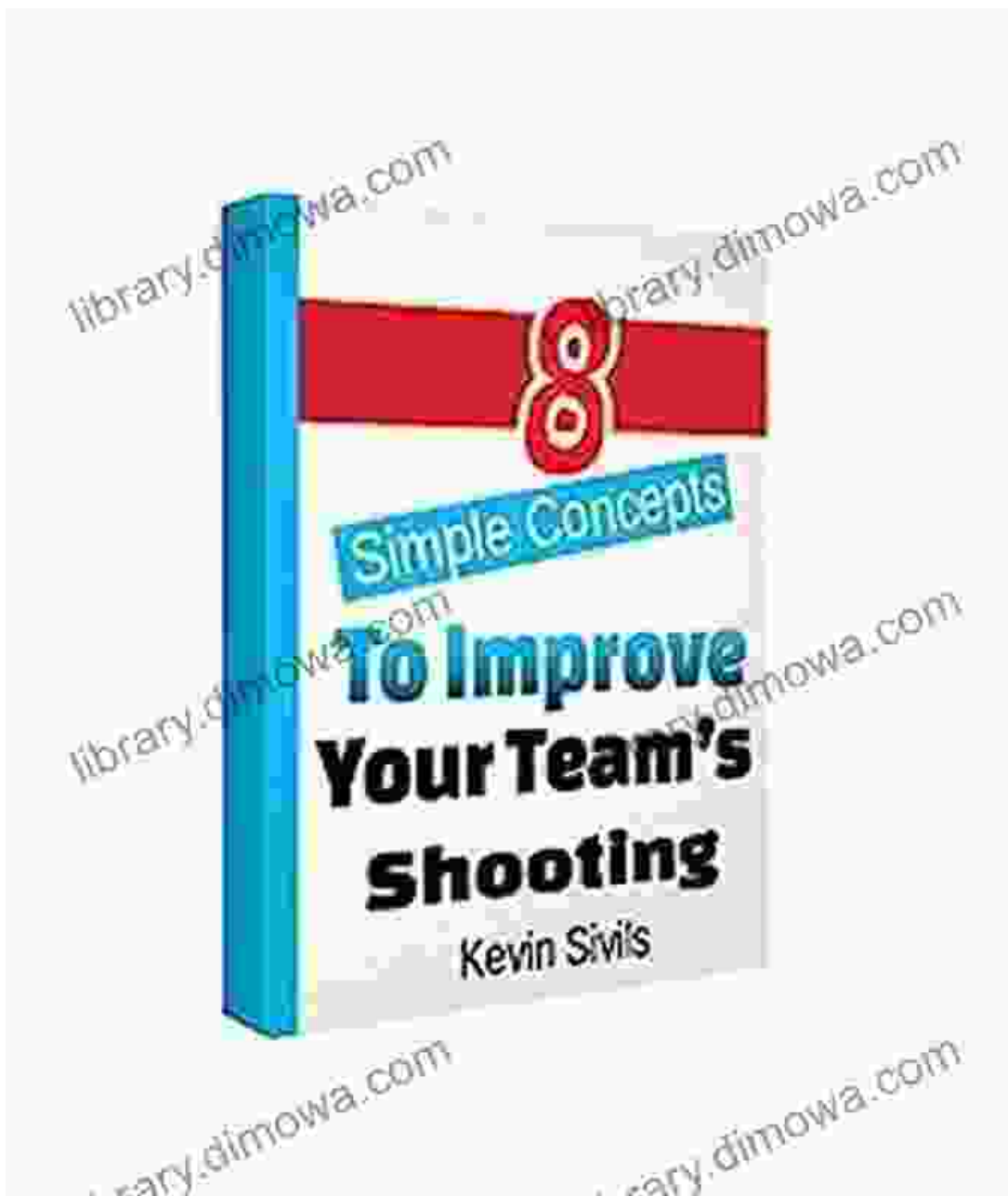
If you are serious about improving your basketball team, then you need to start by improving your shooting. *Eight Simple Concepts to Improve Your Team Shooting* will give you the tools you need to take your shooting to the next level.

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Don't wait another day to start improving your shooting. Free Download your copy of *Eight Simple Concepts to Improve Your Team Shooting* today.



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