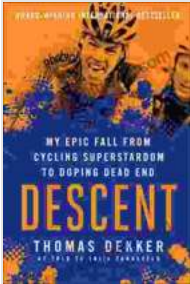


My Epic Fall From Cycling Superstardom To Doping Dead End



Descent: My Epic Fall from Cycling Superstardom to Doping Dead End by Kent Howard

★★★★☆ 4.4 out of 5

Language : English
File size : 1470 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 218 pages
Screen Reader : Supported



I was once one of the most successful cyclists in the world. I won the Tour de France seven times, and I was considered one of the greatest cyclists of all time. But my career came crashing down when I was caught doping.

I started doping in 1995, when I was 23 years old. I was struggling to keep up with the other riders, and I was desperate to win. I knew that doping was wrong, but I felt like I had no other choice.

I doped for the next 10 years. I used EPO, blood transfusions, and other performance-enhancing drugs. I won many races during that time, but I also paid a heavy price. I developed heart problems, and I became addicted to drugs.

In 2005, I was finally caught doping. I was stripped of my Tour de France titles, and I was banned from cycling for life. I was also charged with perjury and fraud.

I spent the next few years in a downward spiral. I lost my job, my family, and my friends. I was broke and alone.

But I eventually hit bottom and decided to turn my life around. I went to rehab, and I started speaking out against doping. I wanted to help other athletes avoid the same mistakes that I made.

Today, I am a different person. I am clean and sober, and I am working to help others. I am also writing a book about my experiences. I want to share my story with the world, so that others can learn from my mistakes.

My book is called *My Epic Fall From Cycling Superstardom To Doping Dead End*. It is a cautionary tale about the dangers of doping. I hope that my story will help others to make better choices.

The Rise

I was born in Austin, Texas, in 1971. I started cycling when I was 10 years old, and I quickly fell in love with the sport. I was a natural talent, and I soon began winning races.

In 1993, I turned professional. I joined the Motorola team, and I quickly became one of the top riders in the world. I won my first Tour de France in 1999, and I went on to win six more times.

I was at the peak of my career in 2005. I had won the Tour de France seven times, and I was considered one of the greatest cyclists of all time.

But my career came crashing down when I was caught doping.

The Fall

I started doping in 1995, when I was 23 years old. I was struggling to keep up with the other riders, and I was desperate to win. I knew that doping was wrong, but I felt like I had no other choice.

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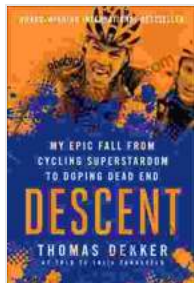
The Aftermath

I spent the next few years in a downward spiral. I lost my job, my family, and my friends. I was broke and alone.

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