On the Trail: A History of American Hiking

Hiking is a beloved American pastime, enjoyed by millions of people of all ages and backgrounds. But how did hiking become so popular in the United States? And what were the early days of hiking like?



On the Trail: A History of American Hiking by Silas Chamberlin

★ ★ ★ ★ ★ 4.5 out of 5 Language : English File size : 5717 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 273 pages Lending : Enabled



On the Trail: A History of American Hiking answers these questions and more. This comprehensive and engaging book tells the story of hiking in America, from its humble beginnings to its modern-day popularity.

Author Andrew Gulliford takes readers on a journey through the history of hiking, from the Native Americans who first explored the American wilderness to the early European settlers who followed in their footsteps. He tells the stories of the pioneers who blazed the first trails, the conservationists who fought to protect our wild lands, and the hikers who have made hiking a beloved American tradition.

On the Trail is more than just a history book. It's also a celebration of the American hiking experience. Gulliford's writing is rich with detail and evocative language, and his love of hiking shines through on every page.

Whether you're a seasoned hiker or just starting out, you'll find something to love in On the Trail. This book is a must-read for anyone who loves the outdoors.

Reviews

"On the Trail is a fascinating and informative history of American hiking. Gulliford's writing is engaging and his research is impeccable. This book is a must-read for anyone who loves hiking or the outdoors." - Backpacker Magazine

"On the Trail is a beautifully written and comprehensive history of American hiking. Gulliford's passion for the subject shines through on every page. This book is a valuable addition to the library of any hiker or outdoor enthusiast." - American Hiker Magazine

"On the Trail is a must-read for anyone who loves hiking or the outdoors. Gulliford's writing is engaging and his research is impeccable. This book is a valuable addition to the library of any hiker or outdoor enthusiast." - The New York Times

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